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Child Care in Practice



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Journal of Integrated Care

Practical evidence for service improvement



How to get published

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The writing journey



Some of the challenges when attempting to write...

- Time, Focus, Skillset, Interest/Motivation

Why bother?

- Disseminate research/practice findings –may be expected but can be considered an ethical responsibility too
- Have impact in the area you work/research
- Generate debate on important or topical issues
- Esteem, integrity, career advancement
- Challenge yourself

Tips to manage time and space for writing:

- Figure out your best writing time window
- Realistic planning
- Switch off all distractions
- Work in short stints, and take short breaks, pomodoro technique



How to write for a specific journal – the technical bit

- Who is my audience?
 - Academia/Researchers
 - The community of practice
- What type of journal should I target?
 - Professional journal
 - Academic journal
- Author guidelines of journal
- Write a detailed outline
 - Background, Method, Results, Discussion, Conclusion (**STROBE Statement** for research papers)
- Write the paper
 - Technical issues: WORD, *Cite as you write*, Length of paper and sections, copyrights and confidentiality
- Producing a draft
 - There are no finished products, only drafts!



Simple strategies for effective writing

- Have a master plan broken into manageable chunks.
- Write to lots and lots of headings. You can delete/edit most of these at the end.
- One point per sentence. One argument per paragraph. Keep your sentences short.
- Group related publications together by theme, read them in these groups and make detailed notes as you read. Use a reference management programme, excel or other software tool to help.
- Have a checklist of what information should be included.
- Lack of clarity in writing and the absence of clear details on the research process is one of the most common criticisms by reviewers.





The writing process and ... ‘help!!!’

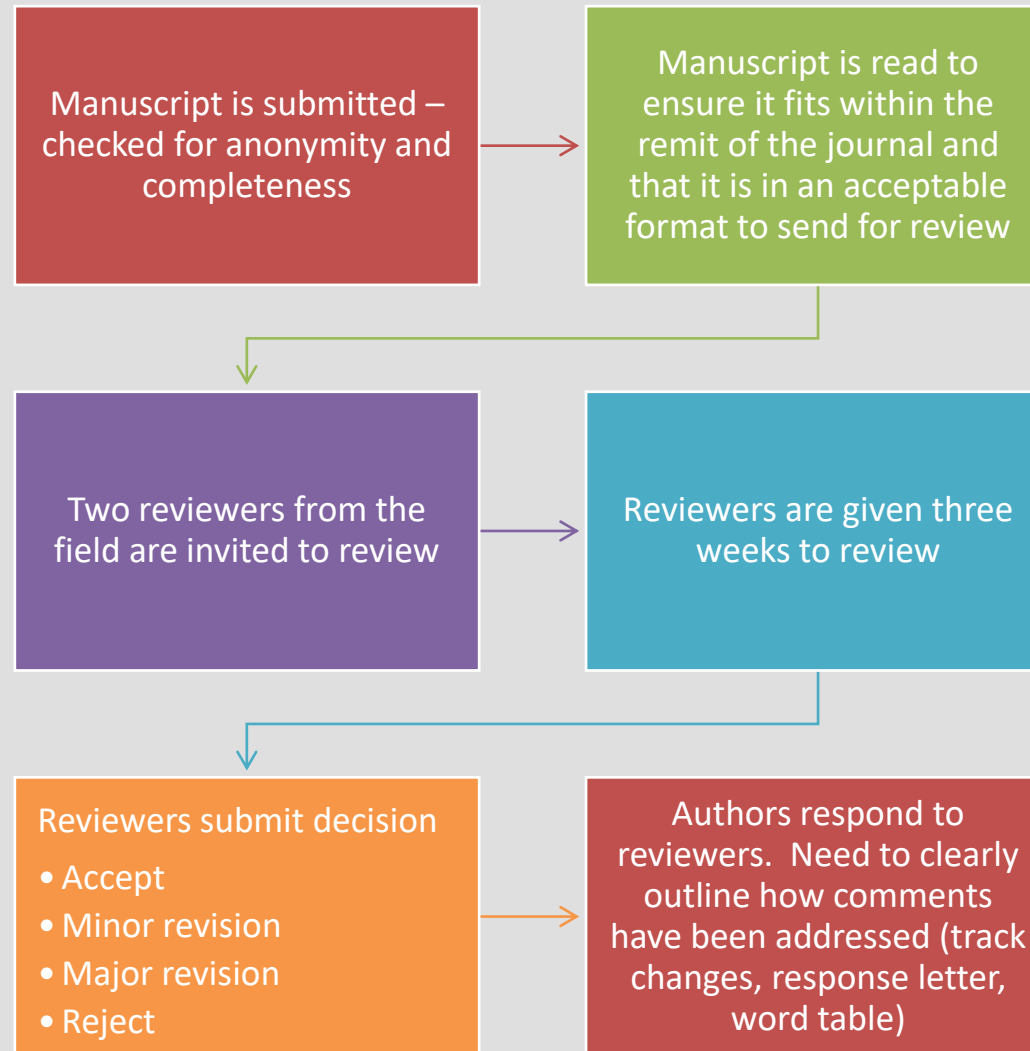
- Why do I experience a ‘writing block’?
 - I am not sure what I want to say
 - I am not sure HOW to say it
 - I am not confident that what I say is relevant
 - I am not sure anybody wants to hear it
- Prepare well
 - Detailed structure of paper
 - Point by point outline of argument

When things make sense... or they don't...

- Writing is a cognitive process. There is something like cognitive solipsism (being stuck in your own bubble)
- Leave your manuscript to rest for a while.
- **Re-read it a couple of days later.**
- Give it to colleagues
- Contact the editor
- Speak to others who have published before
- Find a co-author



The review process



Common pitfalls

Abstract: sometimes manuscripts are submitted without one or not clearly structured.

Introduction: Not clearly outlining the purpose/aim and the rationale (the why?) for the research.

Literature review: lack of comprehensive review of most recent research in the area, lack of argument (just summarising other papers)

Methodology: Lack of details on study design and sampling strategy. Inclusion/exclusion criteria missing/poorly described. Lack of description of practical details of research process - what did you do and exactly how did you do it? Was there a pilot? Lack of rationale for methodological approach taken. Poor description of analytical approach. Failure to provide participants' info/demographics.

Results:

Not presented under headings or in a structured way.

Not labelling participants' responses.

Lack of in-depth analysis. Not presenting data according to guidelines.

Discussion: Not linking the research findings back to the field. How do the findings support/differ/extend what we already know?

Limitations and Implications: What are they? Both are often missing from manuscripts.



Journal of Integrated Care (Emerald)



- Publishing research, viewpoint and commentary papers on integrated care in health, social care and allied health care services
- Integrated care – defined broadly as partnership or collaboration between services or multiagency work between organisations
- 4 issues per annum
- Peer reviewed (double blind)
- International scope but previously very UK focused
- Mentoring process in place for early career researchers/practitioners
- Word limit: 5,000 words
- Special Issues such as *Palliative and End of Life Care* and *Patient Centred Care Services*
- upcoming Special Issue: *Mental Health and Integrated Care*



Child Care in Practice

- Aims:
 - develop the knowledge base of practitioners, managers and other professionals responsible for the delivery of professional child care services, including multi-disciplinary services
 - seek to achieve an equity of input from all disciplines working with children
 - raise awareness of often-neglected issues such as marginalization of ethnic minorities and problems consequent upon by poverty and disability; be informed by and inform legislation
- 4 issues per year
- Peer reviewed (double blind)
- International authorship and audience
- Audience includes but is not limited to: Social Workers, Psychologists, Lawyers, Psychiatrists, Nurses, Sociologists, Public Health Workers, Law Enforcement, Educators, and Paediatricians
- Host Writers' Workshops to support aspiring writers and events
- Publish book reviews
- Word limit: 5,000 words excluding abstract and references
- Special Issues in 2020: Risk, Decision-making and Assessment in Child Welfare (Vol 26, Issue 2) and Resilience and Community Development (Vol 26, Issue 4)



Contact details

**Get in touch! We would like to hear from you,
no matter how far you are on your journey to
publication...**

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